

## STONY CREEK PARK

**Stony Creek Metropark** is in Southeast Michigan, about 25 miles north of Detroit.

**To get to the park:** Take M-59 to M-53 and go north to 26 Mile Road. Go west on 26 Mile Rd past Mound Road and follow the signs to the left into the park. **OR ALTERNATELY,** You can take M-59 to Dequindre Rd and go north to 25 Mile Rd (Runyan Rd). Turn right (east) on 25 Mile and go about 1 mile to Shelby Rd. Turn Left (north) and follow the signs into the park.

**Park Info:** The trails at Stony have recently been opened to mountain biking and are extremely enjoyable with some less technical, and some very challenging sections. If you have not experienced them yet, DO IT! You'll really be glad you did! The riding, running, and swimming here are great, and the park is open year 'round.

**Park entry is \$3 per car** on race day, or an annual permit is \$15.

## Events Schedule & Info

**REGISTRATION:** Registration/packet pick-up is available  
Saturday 7/21 from 3:30p-6:00p, and Sunday from 7:30a-8:30a.

### — Triathlon Info —

The Stony Creek Triathlon/XTERRA Points Series Race starts at Baypoint Beach with a **1/2-Mile SWIM** in the Stony Creek Lake at 9:00am. The second leg of the Triathlon is a **15-Mile Off-Road Bike** ride, and the third leg is a **6-Mile Trail Run**. The mountain bike and running trail system is a combination of single track and two-track trails, with some parts that are somewhat technical. The courses are quite rolling with plenty of hills mixed in with many fun fast sections. There is a stream that must be crossed twice in each of the Bike and the Run routes, and, last but not least, a waist-deep water crossing in the Run about 250 meters before the finish... after all, we do need to maintain the true **XTERRA** feel of this event!

### — Duathlon Info —

The Stony Creek Off-Road Duathlon Race starts at Baypoint Beach at 9:00am along with the Triathlon. Duathlon racers will run from the beach to the Transition Area, get their bikes and start out on the **15-Mile Off-Road Bike** portion of their race. After the bike leg, racers will do a **6-Mile Trail Run**. The Bike and Run courses for both the Triathlon and the Duathlon events are the same, with a waist-deep water crossing about 250 meters before the finish of the run.

**ATHLETES MEAL:** When you have finished your race, a catered meal will be waiting for you...



**Stony Creek** is the first stop in the 2001-North Central Region XTERRA Points Series. Race # 2 is August 11, **Butch's Dirty Triathlon Adventure** in Bainbridge, Ohio. Race # 3 is August 26, **General Butler Off-Road Triathlon**, Carrollton, KY.

## Race Particulars

Either Race may be done as an **Individual** or as a **Team**. Triathlon teams may consist of either 2 or 3 persons, and Duathlon teams will be 2 persons. Age Groups for **Individual** are Male or Female: 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, and 60+. *Age Group is determined by Racer's age on April 1, 2001* (not applicable for teams). Team Classifications are: **Men, Women, Co-ed**.

**Awards:** Top 3 in each **Team** and each **Individual** Classification (Men & Women).  
Awards presented at conclusion of racing.

**Entry Fees:** Triathlon and Duathlon entry fees include catered meal after the race.

TRIATHLON: \$55 Individual	DUATHLON: \$45 Individual
\$65 2-Person Team	\$65 Team
\$75 3-Person Team	

**NOTE:** \$5 Late Fee will be added for registrations after 7/16 and Day of Event.

Join us for the **MMBA/FESTINA Championship Point Series Time Trial** Saturday. Race the Bike Course that you'll use Sunday! Triathlon and Duathlon participants can race Saturday for reduced price of \$20. Call 248/634-6178 for details!

**HELMETS ARE REQUIRED FOR PARTICIPATION ON THE BIKE!!!**

For more info on XTERRA Regional Points Series events and scoring:

**www.xterra.net**

Or: **Tailwind Enterprises: 248/634-6178**

**Web Site: www.tailwind.net E-mail: tailwind@tir.com**